



Cedar Falls Recreation and Fitness Center
 110 E. 13th St. Cedar Falls, IA 50613
 319-273-8636 www.cedarfalls.com/recreation



ADULT SPORTS!

Kickball League

Age: 18 years or older
Dates: August 21 – October
Days: Wednesdays
Times: 6:00pm – 10:00pm
Location: Birdsall Park
Registration Deadline: August 14
Fee: \$75.00
Description: 6-game season

Teams may consist of any combination of men and women -10 will play on the field at a time with unlimited substitution. There is no limit on the number of batters (kickers) in the order. Games are call-your-own with 7 innings or 1 hour time limit.

Dodgeball League

Age: 18 years or older
Dates: Begins October 16
Days: Wednesdays
Times: 7:00–10:00pm
Location: Cedar Falls Rec Center
Registration Deadline: October 9
Fee: \$70.00
Description: 6-game season

Open Division-Teams may consist of any combination of men and women. 6 will play on the field at a time with unlimited substitution. Games are call your own. A site supervisor will be designated timer and will settle rule information.

Basketball League

Age: 18 years or older
Dates: November 6 - Mid February
Days: Wednesdays
Times: 7:00–10:00pm
Location: Various CF Schools
Registration Deadline: October 30
Fees: Adult Officiated League \$370.00
 Adult Call your own League \$120.00 **NEW**

Description: These are 5 on 5 League with a 10 game season. Open League with B & C Divisions available. Teams must wear numbered jerseys or shirts. A site supervisor and officials will be provided for the officiated league, A site supervisor will be provided for the call your own league.

Fall Mens & Mixed Softball Leagues

Age: 18 years or older, 16 for church league
Dates: August 20 – Mid October
Days: Tuesdays & Thursdays
Times: 6:00–10:00pm As Scheduled
Location: Birdsall Park
Registration Deadline: August 13
Fee: \$315.00 Mens League
 \$335.00 Mixed League

Description: Players may participate on one team per league only

Home Run Limits:

Mens Division I = 4
 Mens Division II & Mixed Leagues = 2
 Mens Division III & Church League = 1
 Only ASA approved bats may be used

Racquetball League

Age: 16 years & older
Dates: Session 1 Play Begins October 14
 Session 2 Play Begins January 20
Location: Cedar Falls Rec Center
Registration Deadlines: October 9/January 16 or until filled
Fee: \$35.00

Description: Weekly matches are as scheduled between you and your opponent, master schedule provided by Rec Center. Coed A, B, and C Leagues. This league will provide competitive play with a variety of players to choose from within your registered division or level of play. The Recreation Division will schedule your match and provide you with court availability.

Fall/Winter Volleyball League

Age: 16 years or older
Dates: Week of October 9-Mid February
Days: Monday Mixed League AA,A,B,& C Divisions
 Wednesday Mixed League A&B Division
 Wednesday Women's League AA,A,B,& C Divisions
 *Players may participate on one team per league only
Times: 7:00–10:00pm
Location: Various CF School Gyms
Registration Deadline: October 1 or until filled. The leagues are limited in size; teams will be accepted on a first come first serve basis.
Fee: \$115.00
Description: Team captains will report scores to site supervisor after games. Games are self officiated 1 hour time limit.